Healthy Working Life

NHS

Help your patients stay in work, or return when they're ready

The NHS Vocational Rehabilitation Service provides online support and tailored advice for people whose health is affecting their ability to work.

Patients can self-refer if they are:

- Managing a long-term health condition that's impacting work
- Struggling with fatigue, pain, or mental health at work
- Recovering from illness or injury and unsure how to return
- At risk of going off sick due to stress or health changes
- Off sick and worried about being able to go back
- Concerned that work may be affecting their recovery

The service supports patients to:

- Manage symptoms in the workplace
- Build confidence and resilience
- Plan a return to work that suits their recovery

Encourage eligible patients to self-refer by scanning the QR code or visiting bdcpartnership.co.uk/vocational-rehabilitation-self-referral

SCAN ME

You can contact the Vocational Rehabilitation Team on anhsft.vocationalrehabpathway@nhs.net